

# 2018 LIFE GOALS

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A Harvard study suggests:

- \* 83% of the U.S. population does not have goals
- \* 14% have a plan in mind, but are unwritten goals
- \* 3% have goals written down
- \* The 14% who have goals are 10 times more successful than those without goals
- \* The 3% with written goals are 3 times more successful than the 14% with unwritten goals
- \* Specific goals which are time-bound and measurable work best



## PERSONAL DEVELOPMENT

*Who you are internally determines how you influence and what you achieve.  
What specific areas of personal development will you focus on this year?*

## SPIRITUAL DEVELOPMENT

*Many times, our growth in our spiritual walk is directly connected to the level of growth we're experiencing in other areas of life.  
How would you like this important area of your life to improve?*

## FAMILY HEALTH

*Health and healthy relationships are the "new wealth" of our world.  
What goals can you work toward together as a family to be healthier and happier?*

## PROFESSIONAL GROWTH

*It's never the size of the goal that matters most; it's your commitment to it.  
What are you most dedicated to achieving in your career this year?*

## FINANCIAL FREEDOM

*How we steward the blessing of money matters.  
What is your focus for tithing, saving, investing, giving and spending?*

## PHYSICAL HEALTH

*We only get one brain and one body...our physical health impacts everything.  
What are you committed to this year to proactively take care of yourself?*

## SERVICE

*We're called to serve others through our time, talents and treasures.  
Where can you make a difference locally, nationally or internationally?*

## READING PLAN

*Leaders are Readers. Studies show the most successful people read more than others, and read for growth, education and success.  
What will your intentional readings be this year?*